



Eat well to grow up healthy

Dear parents,

The provision of school meals is a major public health issue and an important strand in our educational policy.

Since September 2021, the canteen has been free for all pupils in infant school (maternelle) and, since September 2022, for pupils in CP and U1is, UEMA, UPE2A and UEEA. This is an action for equality and social justice, which, in these times of high inflation, offers real support for families' spending power.

In addition, in the 2023-2024 school year, free school meals will be provided to the pupils in CE1 and CE2. In September 2024, we will extend this action to CM1 and CM2, so that all primary school pupils will be included.

In addition to guaranteeing a balanced meal, the lunch break is a time for socialising and discovering new flavours. The quality movement "My responsible meals" ("Mon restau responsable") in which the town is engaged, acts against food waste, promoting organic foods and the reinforcement of short supply chains.

Since our arrival we have been serving two vegetarian meals every week making real strides in providing meals which are more respectful of the environment.

You need to book your child's meals in advance because this allows us to continue to improve the reception of your children and to fight against food waste. In this leaflet you will find all the necessary information. For those parents who need help in carrying out these steps, the town provides mediators at the town hall (mairie) throughout the year.

We are proud to have made a commitment to provide all public-school pupils with a high-quality meal, with sustainable food produced by a dedicated central kitchen.



Mathieu Hanot
Mayor of Saint-Denis



Leyla Temel
Deputy Mayor for education,
school meals and school life,
and for childhood

saint-denis.fr



Saint ★
Denis

Free canteen from infant school (maternelle) to CE2: booking is compulsory

The free school meals provided since September 2021 go alongside a new system of managing the infant school canteens in which it is compulsory to book your child's meals.

From 1 September 2023 this initiative will be extended to pupils registered in elementary school up to CE2

Aim: to limit food waste and better organise the reception of all the children.



How do I book ?

• I book for the whole school year

I book just once

- > by connecting to my personal account at saintdenisenligne.fr (réservation in the menu)
- > by completing a paper form (available at the town hall (mairie) or at your reception centre) and delivering it to the town hall or associated offices (mairies annexes)

• I book, change or cancel my booking according to my needs

- > by connecting to my personal account at saintdenisenligne.fr 4 days in advance (from monday to friday)
- > by completing a paper form available at the town hall (mairie) or at your reception centre and delivering it to the town hall (mairie) or the associated offices (mairies annexes) at least 8 days in advance (from monday to friday)

• If I have booked but my child is absent or if I have forgotten to book and my child eats in the canteen

All the children will be served even without a booking. When the deadlines for booking/cancellation are not respected, financial penalties will be applied, if this happens more than 3 times in the month (unless you provide evidence of good reasons).

TO HELP YOU WITH YOUR ONLINE BOOKING

You will find digital mediators at the town hall who will help you make your bookings at saintdenisenligne.fr

How are the penalties applied ?

		Penalties	No penalties
<p>If I have booked, but my child has not eaten in the canteen. I do not have evidence of a good reason for this.</p>	For the 1st time		✗
	For the 2nd time		✗
	For the 3rd time		✗
	From the 4th time onwards	✗	
<p>My child did not eat in the canteen even though I had booked a meal. I have presented one of the following official documents within 8 days to the town hall or associated offices or at saintdenisenligne.fr:</p> <ul style="list-style-type: none"> - a medical certificate, or any evidence that the child needed to be kept home, which can be one of the following - proof of losing a job or starting a new one - an official civil state document confirming a death or a birth in the family - an official document advising of a disability your child has 			✗
<p>My child ate in the canteen, but I had not booked a meal.</p>	For the 1st time		✗
	For the 2nd time		✗
	For the 3rd time		✗
	From the 4th time onwards	✗	
<p>My child could not eat in the canteen because the school was closed, my child was on a school outing or the teacher was absent.</p>			✗

COST OF PENALTIES : 2€ + FAMILY QUOTIENT

The penalties will be applied as from the November invoice, received in January 2024.

A high-quality kitchen

At Saint-Denis, the meals are prepared by the central kitchen. The menus are constructed by a qualified nutritionist and the head chef of the kitchen. They are bound by the quality movement "My responsible meals".

As a result, there are more fresh and organic products, short supply chains and, since October 2020, two vegetarian meals every week. This ensures that the children benefit from all the nutritional elements they need. Particular attention is also given to children suffering from allergies. A personalised support plan (projet d'accueil individualisé - PAI) with a medical prescription may be put in place.



Stop food waste

All the schools in Saint-Denis have now adopted a method of consumption aimed at reducing food waste. Food quantities are adapted to the needs and the appetite of each child. For the infant schools, the meal is made up of four elements, and five in elementary school, needed for a balanced diet.

The results are conclusive:

44% less waste since the town began this initiative!

The lunch break is an important time in the child's day

Our school meal staff are dedicated to making lunchtimes a calm period which is suitable for the children's needs. The town of Saint-Denis has therefore chosen to adopt high standards of supervision*, to develop an ambitious training programme and mobility to provide a greater professionalisation of the support staff and thus to improve and integrate good educational practices.

** Ministerial standards :*

one adult per 14 infant school pupils; 1 adult per 18 while lunch is being served. In addition to these standards, the town has chosen to strengthen the teams throughout the school year by assigning 1 adult per 10 children in nursery (TPS) and 1 adult per 12 children in pre-school (PS) until the start of the January term.

